

### Nibbles

- Focaccia, olive oil & aged balsamic (ve) (v) **£5.00**  
Kalamata olives (ve) (v) (gf) **£5.00**  
Salt & pepper squid, lime & coriander mayo (v) **£7.50**  
Halloumi fries with roasted garlic aioli (v) (gf) **£8.00**

### Starters

- Soup of the day with toasted focaccia (v) **£8.00**  
Caprese salad (gf) (v) **£8.00**  
Ham hock, picalilli & egg (gf) **£9.00**  
Grilled prawns in a white wine & garlic butter & focaccia (v) **£9.50**  
Mushroom & blue cheese arancini with aioli (v) **£8.00**

### Mains

- 8oz Sirloin steak, all the trimmings, chips & peppercorn sauce (gf) **£29.00**  
Duck, sweet potatoes, spinach & a fig sauce (gf) **£24.50**  
Supreme of chicken, parmesan & sundried tomato sauce with new potatoes **£22.50**  
Local Hake, crushed potatoes, samphire, saffron & mussel sauce (v) **£28.00**  
Local dressed crab, salad & sourdough (v)(gf) **£24.00**  
Penne with roasted vegetables, tomatoes & toasted pine nuts (ve)(gf) **£18.00**  
King prawns, squid ink pasta, creamy garlic sauce (v) **£20.00**

### Fancy a burger ?

- Beef or Chicken or Beetroot (ve) **£16.00**  
Add bacon £1.00, add cheese £1.00

### Sides

- Chips **£4.00**  
New potatoes **£4.00**  
Side salad **£4.00**  
Garlic bread **£4.00**  
Stemmed broccoli **£4.00**

(ve) vegan (v) vegetarian (gf) gluten free

WiFi-PH wifi

Password-Plas0007

 @theplasnarberth

 Hotel Plas Hyfryd